



C & B Newsletter

Issue 41

May 2016

Safety Department

Sizzling Summer Safety

Greg Schabell
Safety Manager

The temperatures are starting to climb, so I wanted to mention a few tips/reminders on working in hot weather.

1. **HYDRATE:** Water! Water! Water! Boring, I know, but it is the best thing for you during hot weather. If you find it too boring, add a slice of lemon or drink Gatorade or other electrolyte beverage to replace lost electrolytes.
2. **NO BULL:** Leave the Red Bull-type energy drinks alone, along with carbonated sodas and caffeine.
3. **EAT RIGHT:** Big Breakfast, light lunch (fruits and veggies) causes less stress in high heat.
4. **LOOK OUT FOR EACH OTHER:** Is someone acting more squirrely than normal? Disoriented? Unusually tired? Slurring their words? These could be signs of heat stress.
5. **BASIC FIRST AID:** Have person lie down in shade or cooler area with their feet raised above the heart. Remove their boots. If condition does not improve, call plant ERT or 911.

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The Lazy Bench

Where to Make an Effort

Greg Schabell
Safety Manager

A giant ship engine failed. The ship's owners tried one expert after another, but none of them could figure out how to fix the engine. Then they brought in an old man who had been fixing ships since he was a young boy. He carried a large bag of tools with him, and when he arrived, he immediately went to work. He inspected the engine very carefully, top to bottom. Two of the ship's owners were there, watching this man, hoping he would know what to do. After looking things over, the old man reached into his bag and pulled out a small hammer. He gently tapped something. Instantly, the engine lurched into life. He carefully put his hammer away. The engine was fixed! A week later, the owners received a bill from the old man for ten thousand dollars.

"What?!" the owners exclaimed. "He hardly did anything!" So they wrote the old man a note saying, "Please send us an itemized bill."

The man sent a bill that read:

Tapping with a hammer..... \$ 2.00
Knowing where to tap..... \$ 9,998.00

Moral of the story: Effort is important, but knowing where to make an effort in your life makes all the difference!





Marine

Housekeeping and Change of Watch

Ed Lapikas

General Manager

On recent visits to locations, I have noticed work areas and vessels being unorganized, with clutter lying about. This has to stop immediately! All work areas should be clean and well organized; everything should have a place. For example, if we have someone filling in at your location, they should be able to find what they need to complete their job efficiently without having to search and ask others where things are. I will be following up on this, so please focus on getting areas up to par, and take pride in your equipment.

It has been brought to our attention that we have employees leaving before their relief has arrived. It is essential that all crew man their areas until change of watch has been completed and your relief has a clear understanding of any changes or dangers on the vessel or in the fleets. Any deviation from this procedure will result in disciplinary action up to possible termination. We are running a professional business, and must insist in professional behavior from our employees. If you have any questions, please ask so we can ensure that everyone understands the policy.

We would like to thank all employee's that are already complying with these issues. To be one of the best in the industry we all have to take pride in our vessels and ourselves!

Safety Department

Pool Water – Stern Lines

Greg Schabell

Safety Manager

We've talked a lot recently about mooring requirements and how important it is to ensure that your fleet is secure and inspected regularly. We've also discussed the importance of an adequate stern line and that, in the event of a breakaway, a good stern line may hold the barge until the vessel can respond and secure it again. There is a tendency to think that this is only important in high water, but pool stage introduces new, distinct hazards that can actually make your moorings more vital. In high water, there is constant pressure on the head, and the barges stay pushed down and against the cells. In pool water, the fleet is free to rock back-and-forth, which can work a barge's moorings loose. In these prevailing circumstances, the stern line is even more important because it reduces that surge by keeping the barges tight in the fleet. Do NOT allow placid...

water to instill complacency, mooring the fleet properly can be even more important.

Marine

Pleasure Boat Season

Ed Eichhorn

Senior Captain

Once again pleasure boat season is upon us. Every year we hear of stories about towboats having collisions/allisions with pleasure boats and sometimes about the resulting casualties. I can't think of anything worse to deal with than my actions having a part in the loss of someone's life. Most pleasure boaters seem to have a respect for a tow going up the river, but there is always that one boat. I would guess that most pleasure boaters have never heard of the Rules of the Road, and if they do have knowledge of the Rules they're probably misinterpreting them. As professionals, we always seem to take the majority of the blame when there is an incident. For this reason, we must ALWAYS be able to "Define and Defend" our actions – not only by what we do, but sometimes by what we don't do. You should always keep an eye out for pleasure boats in your fleeting areas and use systematic observation when going up and down the river. You MUST maintain a proper lookout at ALL TIMES. As the prominent lookout, you shouldn't be sending e-mails or playing on your phone when you're operating with pleasure boats in the area. Lately we've heard of situations where personal cell phones and electronic devices are confiscated after an incident to determine if the operator was using the device at the time of the accident. If you're playing on your phone and run over a pleasure boat, killing someone, you will probably be looking at prison time. Such as the tug pilot who ran over the duck boat in Philadelphia killing two people. If you're not sure of another vessel's intentions, you must blow the Danger Whistle and maintain a safe speed. That means if there is a high density of pleasure boats in the area, Slow Down! When operating at night, your search light can be used to get a boat's attention when unsure of its intentions. 95% of the time by putting the searchlight on the head of my tow I will get the desired reaction from a pleasure boat. Do not "Spot Light" the boat unless there is no other alternative. Spot lighting a boat could blind and disorient the operator of the boat, putting the fault on you. If you're involved in an incident and have to call the USCG, DO NOT tell them that you ran over a pleasure boat. This makes it sound like you were at fault. Simply state that you had a collision or allision with a pleasure boat. Stay safe and be vigilant!



Safety Department

Bridge-to-Bridge Communication

Greg Schabell

Safety Manager

We recently completed a Marathon audit and one of the issues they wanted to discuss – and an issue we’ve encountered – is vessels not using their radio or signals to alert local traffic. Bridge-to-Bridge Communications policies and procedures are found on 7-42 of the RCP Manual. As more and more vessels are equipped with AIS systems, they’re communicating less and less with local traffic. AIS is a great tool but it should not be used to replace real communication. Many vessels just assume that other vessels have their own AIS system and are monitoring that screen, but how do you know that without verification? Effective communication is discussed below and the critical component that is normally missing is acknowledging that the message was received. That is purpose of acknowledging with “Roger” or requesting clarification – “can you repeat your last Cap?” Always verify with radio or signaling confirmation and report vessels that are not calling traffic to Dispatch.

Accounting Department

Employee Corner – Healthy Hints

Emma Obertate

Assistant Controller

Anthem is not just a medical provider they are a great resource and provide information and helpful ways to improve your lifestyle...which starts with your health! Are you up for a challenge? Improve your lifestyle in seven weeks. Almost 1 out of every 2 adults has at least one chronic illness, many of which are preventable. Better health can start with preventing problems from occurring in the first place. There is an old saying: an ounce of prevention is worth a pound of cure. To get started just visit anthem.com/healthyhints!

Safety Department

Effective Communication

Greg Schabell

Safety Manager

Mutual understanding is essential to a safe workplace. The success is rooted in three-way communication between: 1) the sender – the person speaking the message; 2) the receiver – the person listening to the message; and 3) the acknowledgement – the sender acknowledging...

and providing feedback that the receiver heard and understood the message. The third step of communication is often the weak link since the sender is tempted to not pay attention to the receiver’s feedback and assumes the receiver heard the message. Feedback is necessary to verify understanding of each spoken message. Nothing is so simple that it cannot be misunderstood. Think about your most recent conversation regarding a topic not related to work. It might be a basketball game over the weekend. Whatever the conversation was about, did you have a problem getting your point across? Did your audience understand what you were saying? Did they have a difference of opinion? Were you hesitant to point out a problem or issue?

In order for communication to be successful, all parties must participate. It is interesting that in delivering or receiving messages, we often trust nonverbal behaviors more than verbal behaviors. Our individual cultures, backgrounds, and biases all play into how we perceive a message. We may be talking too fast and not speaking clearly, and sometimes as listeners, we focus on the words instead of the facts. We may take things for granted as we often believe certain information has no value or we think we are already aware of the facts. We are influenced by our frames of reference, values, beliefs, knowledge, and experiences, and remember, we do not see things the same way while under stress. Add to that the noise from external surroundings that can impede communication, and we have a sure fire recipe for failure. As you go about your day, take time to communicate with team members about the task at hand... listeners remember to tune into the topic too. And don’t skip the third step that helps ensure everyone is on the same page and ready to execute the task.

Quote of the Month

"No one would ever have crossed the ocean if he could have gotten off the ship in a storm."

Unknown

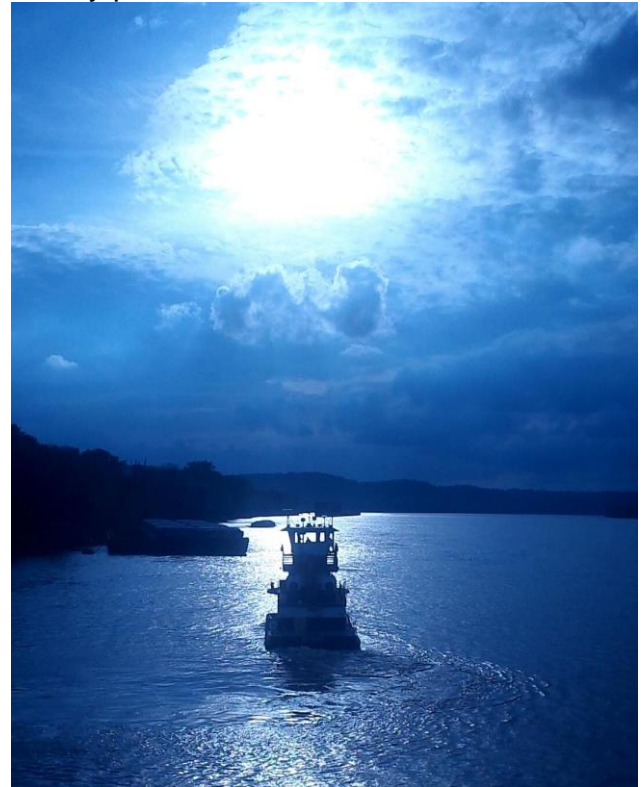


Radar calibration by Josh Wilson. Winner of the best sport of the month!

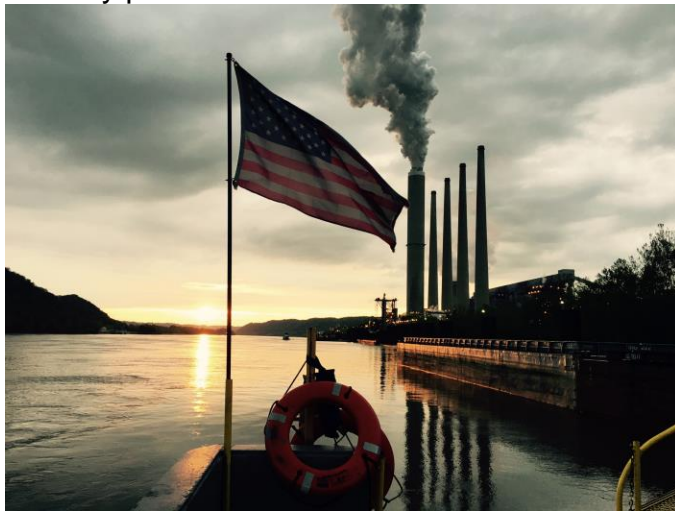


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Silver Grove by Lenny Franz. Winner of the monthly pic contest!



America! by James Miller. Winner of the monthly pic contest!



Sunset at Stuart Harbor by Mike Crawford



Cinci fireworks by Channel 9



William B setting up for the fireworks





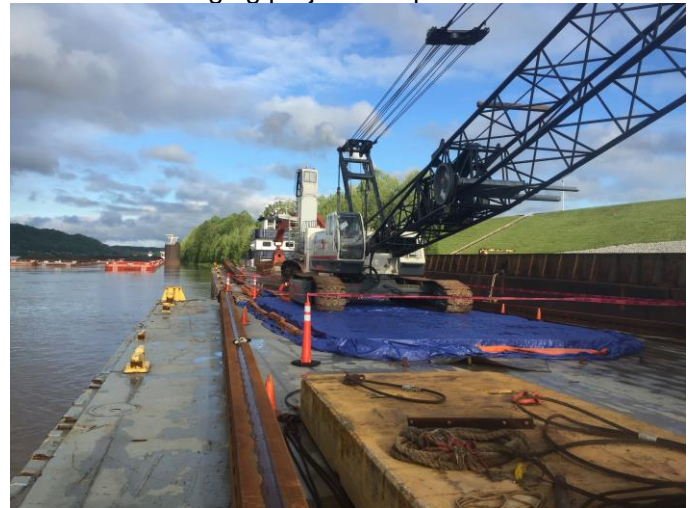
BIRTHDAYS & ANNIVERSARIES

Full Name	Birthday
Allen, Ryan W	25-Jun
Betner, Christopher	6-Jun
Brooks, Matthew	24-Jun
Cade, Joshua F	21-Jun
Conley, James	17-Jun
Cox, Larry	1-Jun
Dasher, John J	22-Jun
Harris, Eric	27-Jun
Kerns, Dorman	2-Jun
Lapikas, Randal	11-Jun
Lucas, Jeffrey	13-Jun
Parsons, Cody	24-Jun
Pence, Jeremy	1-Jun
Popp, Anthony	11-Jun
Prather, Joseph T	18-Jun
Terrell, Keith	3-Jun
Wilson, Joshua Q	27-Jun
Young, Robert D	11-Jun

Full Name	Hire Date
Abrams, David A	6/1/2015
Chase, Christopher A	6/15/2015
Cox, Larry	6/7/2011
Dudas, Richard	6/10/2014
Freeman, Charles	6/8/2012
Harbin, Kory N	6/1/2015
Inman, Jason	6/4/2009
McKinney, John N	6/1/2015
Phillips, James	6/7/2011
Putzke, Gordon	6/30/2013
Schabell, Gregory	6/7/2011
Snodgrass, Jacob B	6/1/2015
Wilson, Joshua Q	6/1/2015

ANNOUNCEMENTS

East Bend Dredging project completed!



Questions and Answers

We are asking that if you have any questions or would like clarification on something that you send us your questions and we will address them in this section. We look forward to hearing from everyone.

Q: Can I stop work if I suspect something is unsafe?
A: Yes! Everyone has stop work authority and you're encouraged to exercise that authority if you believe that there is an unsafe act or condition.

Q: How can I get a C&B safety hat?
A: The Safety Department will hand out safety hats to employees that demonstrate exceptional safety behaviors or marked improvement.