



# C & B Newsletter

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## COBRA Joins PORTNO

**Rob Carlisle**  
President

An agreement was recently signed between the Port of New Orleans (PORTNO) and the Central Ohio River Business Association (COBRA) to help spur commerce between the two regions. The two-year agreement with annual renewal options lays the groundwork for joint marketing activities, data interchange, regional market studies and cross training opportunities with the goal of developing new business and streamlining customer service between the Port and CORBA. The Lower Mississippi River and the Port of New Orleans in particular is a vital gateway to the global marketplace for the Ports of Cincinnati and Northern Kentucky. This agreement formally recognizes that longstanding connection between the two regions, and reflects a doubling-down of efforts by both ports to seek out opportunities that can leverage the significant port capabilities that join us together.



## The Bluefish, Little Bit, and Atlantis

C&B held a christening ceremony for three new vessels in its fleet on Saturday, October 31, and signed a Statement of Support with the Employer Support of the Guard and Reserve (ESGR) organization in an effort to recruit more veteran. C&B christened a towboat, the M/V Atlantis; a floating dry dock, The Bluefish; and a crew boat, the Little Bit. The ceremony was officiated by Rev. Kempton Baldrige, and attended by RDML Osborne (Ohio Naval Militia Commandant) and Maj. Gen. Allen Youngman (ESGR). The most important attendants were, of course, the dozens and dozens of C&B employees who brought their families to witness the momentous event. M/V Atlantis is a 1,320 hp., 60'x 25' towboat that will be used for short-line towing and dedicated service on the Ohio River. The Bluefish is 160'x60' feet in width. The Bluefish is named after USS Bluefish (SS-222), a Gato-class submarine that completed 9 war patrols during World War II, and is reported to have sunk 12 Japanese ships. Ambrose Adrian Schwab – who was the father of Chris Bray – was a sailor on the USS Bluefish. An image of the USS Bluefish is on an interior wall of the vessel, which will plunge underwater when the dry dock is submerged. The third vessel christened was a new crew boat, the Little Bit, which will ferry crewmembers to and from other vessels. C&B is a proud supporter of the ESGR and emblazoned that support on the side of the Bluefish. Maj. Gen. Youngman stated that “Now ESGR has a ‘floating billboard’ that will help us and our important mission become better known. C&B’s commitment to supporting our reservists and guardsmen is unique and welcomed.”



## Inside This Issue

1. COBRA joins PORTNO
2. Christening the Bluefish, Little Bit and Atlantis
3. New Mechanic – Tony Blount
4. Flu Shot
5. Monthly Drills
6. Maintenance Tip – MSD
7. Change of Seasons – Cold Weather
8. Just Good Enough
9. Employee Corner – Open Enrollment
10. Quote of the Month
11. Photo Gallery
12. Calendar Events
13. Announcements
14. Questions and Answers



## **Operations**

*New Mechanic – Tony Blount*

### **Ed Lapikas**

General Manager

We would like to welcome Tony Blount to the C&B Maintenance Team. Tony is our new mechanic and brings over 13 years of experience. He holds several different certifications and is well versed in electricity and the latest technology, having worked on the new electronic throttles and engines. We know his expertise will be a true asset to our team. Please join us in welcoming him!

## **Safety Department**

*Flu Shot*

### **Greg Schabell**

Safety Manager

The flu is a serious contagious disease that can lead to hospitalization and even death. Take time to get a flu vaccine. The CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses. While there are many different flu viruses, a flu vaccine protects against the viruses that research suggests will be most common. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work due to flu. Everyone 6 months of age and older should get a flu vaccine as soon as the current season's vaccines are available. Vaccination of high risk persons is especially important to decrease their risk of severe flu illness. People at high risk of serious flu complications include young children, pregnant women, people with chronic health conditions like asthma, diabetes or heart/lung disease and people 65 and older. People who care for infants should be vaccinated. Next, take everyday preventive actions to stop the spread of germs. Try to avoid close contact with sick people. While sick, limit contact with others as much as possible to keep from infecting them. If you're sick, you should stay home for at least 24 hours after your fever is gone. Cover your nose and mouth with a tissue when you cough or sneeze. If you can't get a tissue before you sneeze, sneeze into the inside of your elbow, not into your hand(s). Wash your hands often with soap and water, or use an alcohol-based hand rub. Avoid touching your eyes, nose and mouth – germs spread this way. Clean and disinfect surfaces and work areas. Lastly, take flu antiviral drugs if your doctor prescribes them. Antiviral drugs can make illness milder and shorten the time you're sick. Protect yourself this flu season by getting a flu shot

ASAP, practicing good hygiene, and monitoring for symptoms.

## **Marine**

*Monthly Drills*

### **Ed Eichhorn**

Senior Captain

Pilots and Energy Supervisors are responsible for conducting and supervising monthly drills. We conduct drills in order to help to control our emotions and to react in an organized, automatic fashion when an emergency occurs. The purpose of a drill is to learn how to protect yourself, your fellow crewmembers, the environment, and equipment. During drills, mistakes are made and we can learn and expand our knowledge from those mistakes, but during an emergency a mistake is the last thing you can afford. That is why drills are so important and this is the time when we should be doing our learning. Each crewmember needs to be familiar with the Station Bill and must be given direction as to their station duties in case of an emergency. Fire and MOB drills are held once a month and all other drills are quarterly. We understand that some drills are hard to simulate beyond reacting to the general alarm and donning your life jacket, but you can still talk about different scenarios with your crew and how you want them to respond. I find that debriefing after a drill can be very helpful for teaching and discovering possible problem areas that you may encounter. Don't be surprised if you're asked to perform a drill when someone visits your vessel. How your crew reacts to the general alarm will demonstrate whether or not drills are being conducted. The true value of a drill doesn't become apparent until an actual emergency arises and this is when you will either pat yourself on the back for a good response or want to kick yourself in the butt for a bad response.

## **Service Department**

*Maintenance Tip - MSD*

### **Dave Westrich**

Service Coordinator

"Butts go on the toilet, not in them." The MSD pump will fail if cigarette butts, wipes, or other prohibited materials are flushed. These repairs are time consuming, expensive, and dirty. If you want to have a working toilet, then use the sign above the toilet's advice and don't flush prohibited materials. C&B mechanics are encouraged to have crew members clean the MSD if it becomes clogged from misuse.



## Safety Department

Change of Seasons – Cold Weather

**Greg Schabell**  
Safety Manager

A couple of weeks ago, we quietly transitioned from Summer to Fall, so it's time to prepare for the cold. Most cases of hypothermia occur at temperatures between 30-50 degrees. At these temperatures, victims underestimate the danger and are unprepared for the conditions they encounter. The circumstances of the exposure, and the health of the victim, play major roles in who suffers from hypothermia. Hypothermia is defined as a core temperature of less than 95 degrees. Your body is a machine which is designed to function over a very narrow temperature range. Body heat is gained and lost through conduction, convection, radiation and evaporation. Conduction is the transfer of heat by direct contact. The heat flows from the warmer object (your body) to the colder object. A more serious example of conductive heat loss is when your body is submerged in cold water. Water conducts heat much more efficiently than air and will rapidly cool your body. This can quickly be life threatening. For example, in 32-degree water death will occur in less than 15 minutes. Convection is the loss of heat by wind. Windy conditions disrupt the layer of warm air surrounding your body and accelerate heat loss. Wind chill can dramatically alter your body's ability to stay warm. Radiation is the loss of heat from exposed body surfaces such as your head or face. Evaporation of water and sweat also consumes body heat. Body heat is used to dry your wet skin after you have been sweating and body heat is also used to warm and humidify the cold dry air that you are breathing. Your body has developed mechanisms to combat heat loss and keep your temperature normal. Within your brain you have a thermostat which attempts to regulate your temperature. As you begin to get cold your thermostat tells your body to constrict the blood vessels in your arms and legs to conserve heat. This helps to keep the warmer blood around your vital organs such as your heart, lungs and kidneys. Colder blood is trapped in your extremities. It also begins the process of shivering. This produces body heat through muscle work. Most importantly, the thermostat makes you aware that you are getting cold and to do something about it. Typically you will head inside to warmer conditions, add another sweater, build a fire, etc. If you must stay outside, then vigorous movement and appropriate clothing will help keep you warm. The cold can make you forget about staying hydrated – DRINK WATER!

## Safety Department

Just Good Enough

**Gordon Putzke**  
Compliance Manager

*"Nature works on a 'just good enough' principle."* Here are 10 "just good enough" rules that seem to govern some of our behavior in the workplace: 1. It looks fine or It's not really important – so we can skip it (If it ain't broke, don't fix it); 2. It's normally OK or It's much quicker this way (We've done this millions of times before, so we trust ourselves); 3. It's good enough for now (It's good enough for government work! it exceeds some requirement that passes as minimal in this organization); 4. It was checked earlier/will be checked by someone else later – so we can skip this check for now and save ourselves some time (Or...not my job!); 5. There's no time (or no-one) to do it now (don't worry – we'll do it later – and hope we don't forget!); 6. I can't remember how to do it – and have no time to look it up – but this looks like the right way (Do I actually have to look in the manual?); 7. We must get this done in time – so we can't afford to follow all the procedures on this occasion; 8. It looks like something we know, so it probably is (I think I know!); 9. If you don't say anything, I won't either. I've bent the rules to your (our) advantage, so in return, I'll trust you to keep quiet about it; 10. I'm not the expert, so I'll let you decide. I will take comfort in someone else taking responsibility for what happens next. Hopefully you do not find yourself in one of these ten areas. Not only will this attitude lead to injuries and incidents, it is the attitude that will ensure you do not progress as a person or mariner.

## Accounting Department

Employee Corner – Open Enrollment

**Emma Obertate**  
Assistant Controller

Open Enrollment Information will be released by Mid November. Enrollment this year will be processed through Paycor. If you are not currently registered on the Paycor website please do so as soon as possible. The access code to sign up is 70898. Please call the office if you have any questions.

## Quote of the Month

"Give a man a fish and feed him for a day. Give him a fishing lesson and he'll sit in a boat drinking beer every weekend."  
Alex Blackwell

Silver Grove by Pat Berning. Winner of the monthly pic contest!



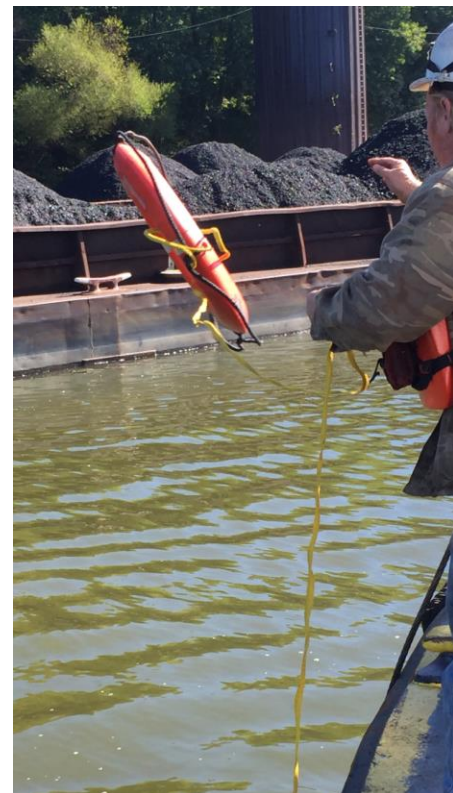
Dredging at Ghent Power Station by Bob Hendricks



Dredging at Falls of Ohio Power Station



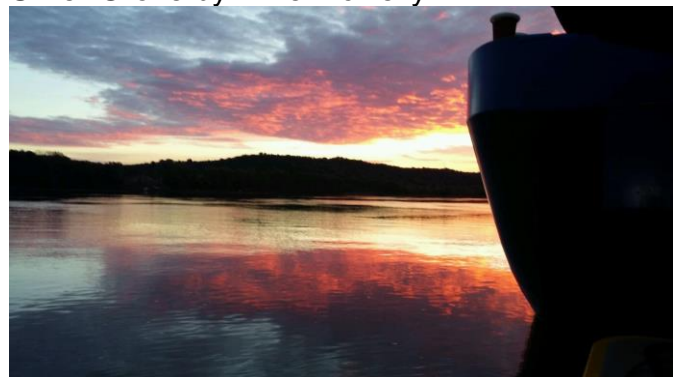
Butch Monroe conducting Man Overboard drill at Killen



Atlantis at Silver Grove



Silver Grove by Mike McNelly





## BIRTHDAYS & ANNIVERSARIES

Full Name	Birthday
Bray, Chad	11-Nov
Caddell, Kyle L	2-Nov
Cann, Darrell L	5-Nov
Dudas, Richard	1-Nov
Graves, Michael	17-Nov
Griffith, Richard	8-Nov
Inman, Jason	11-Nov
McKinney, John N	16-Nov
McNeely, Micheal	2-Nov
Smith, Tyler	4-Nov
Snodgrass, Jacob B	1-Nov
Swan, Tim B	17-Nov

Full Name	Hire Date
Brooks, Matthew	11/12/2007
Cucinotta, John	11/26/2012
Fryman, David	11/6/2013
Lapikas, Randal	11/9/2004
Russell, Daryl	11/28/2006
Smith, Jason	11/1/1999
Springer, Ernest J	11/11/2014
Terrell, Keith	11/19/2009
Vise, Jeremy D	11/11/2014
Westrich, David	11/15/2004
Yauch, Daniel	11/1/2010

# Happy Thanksgiving!

### Questions and Answers

We are asking that if you have any questions or would like clarification on something that you send us your questions and we will address them in this section. We look forward to hearing from everyone.

Q: How can I suggest an improvement?

A: Everyone is encouraged to make suggestions on how we can improve our operations and equipment. If you have a recommendation, then please contact the Safety Department, or your Supervisor or other Management.

Q: How can I get a C&B safety hat?

A: The Safety Department will hand out safety hats to employees that demonstrate exceptional safety behaviors or marked improvement.

## ANNOUNCEMENTS

Frank Cox welcomed a new addition on 10/23/15 weighing 6 lbs 2 ounces.



Carson Taylor Hughes was born 10/3/15 weighing 7 lbs 13 ounces.



Lenny Franz welcomed grandson Peyton Franz, 8 lbs 6 ounces.

